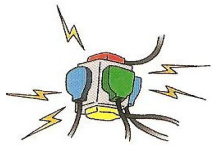


HOW TO PREVENT FIRE IN THE KITCHEN

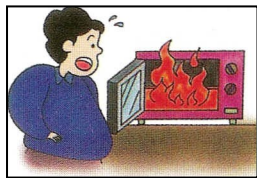


Most fire at home mainly started at kitchen area. This is the most common area. Do not leave cooking unattended. Stay in the kitchen

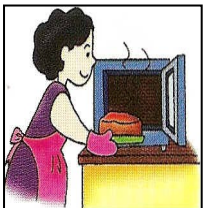
at all times during cooking. Turn off stoves and appliances promptly when finished.



Do not overload electrical outlets. Plugging too many kitchen appliances into the same electrical outlet could overheat your circuit and may cause a fire



Microwave safety. Use potholders when removing food from microwave ovens.



Wear close-fitting sleeves when cooking. Loose sleeves can dangle too close to stove burners and can catch fire

HOW TO PREVENT FIRE IN OTHER AREAS



Extinguish matches and cigarette butts completely .



Avoid children playing with matches or an matters relating to fire. This can cause fire to carpets or even curtains easily



Pay attention to prevent fire at garage areas where car engine remains switch on for long spell or any short circuit at engine

Seychelles Fire Brigade
New Port
PO BOX 46

Contact Number:

EMERGENCY LINE : 999

DIRECT LINE : 289950 / 289951



SEYCHELLES FIRE AND RESCUE SERVICES AGENCY

HOME FIRE SAFETY TIPS

YOUR SOLUTION TO FIRE SAFETY

"Protecting lives and households...."

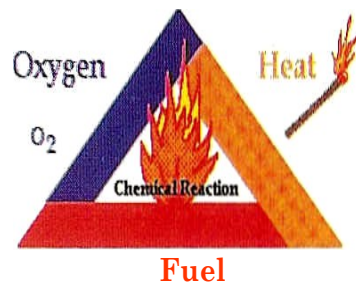
INTRODUCTION

Our house is the most precious property and the most comfortable to live in. But are we safe? Is there a 100% guarantees of safety? This leaflet provides some useful advice on home safety which are simple to apply. We hope that you will benefit greatly from our useful and valuable information. Please take all the necessary precautions before it is too late.

THE ELEMENTS OF FIRE

- **Heat. Oxygen. Fuel.** These are the 3 elements that create a fire. Common source of heat includes a spark or a flame, an electrical current or hot metal. You will be surprised that around our home vicinity, combustible materials such as news-paper, carpets, plastic bags, window curtains, clothing and furniture can very much easily act as fuel and therefore catches fire.

FIRE TRIANGLE



WHAT TO DO IF THERE IS A FIRE?



If you discover a fire - Do not panic Get Everyone out raise the alarm and call the Fire Brigade immediately.

999



Close the door in order to contain the fire from spreading



Follow your evacuation plan or your escape plan route. Make sure everyone in your home knows where to go if the fire alarm sounds & practice your escape plan together.



Never use an elevator during a fire. It may stop between floors or at a floor where the fire is. Go directly to a staircase that is free of smoke and flame.

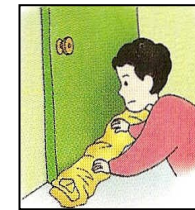


Fight the fire only if you can do not undertake undue personal risk

WHAT TO DO IF YOU ARE TRAPPED?



Enter a safe room (over facing a road if possible).



Close the door behind you. Cover the door's bottom gap with blanket or rug in order to prevent smoke from seeping through.



Shout for **Help!** And wait to be rescued.



Do not jump down especially in high-rise buildings. Wait for rescue to come.